

Seafarers Hospital Society

Providing care and
treatment for seafarers for
almost 200 years

WHAT DO WE DO?



We are the only maritime charity

Solely dedicated to improving the health and wellbeing of seafarers

For almost 200 years

Providing health care to seafarers, such as access to free fast-track physio and support grants

Caring solely for

UK based seafarers



HOW WE DO IT?



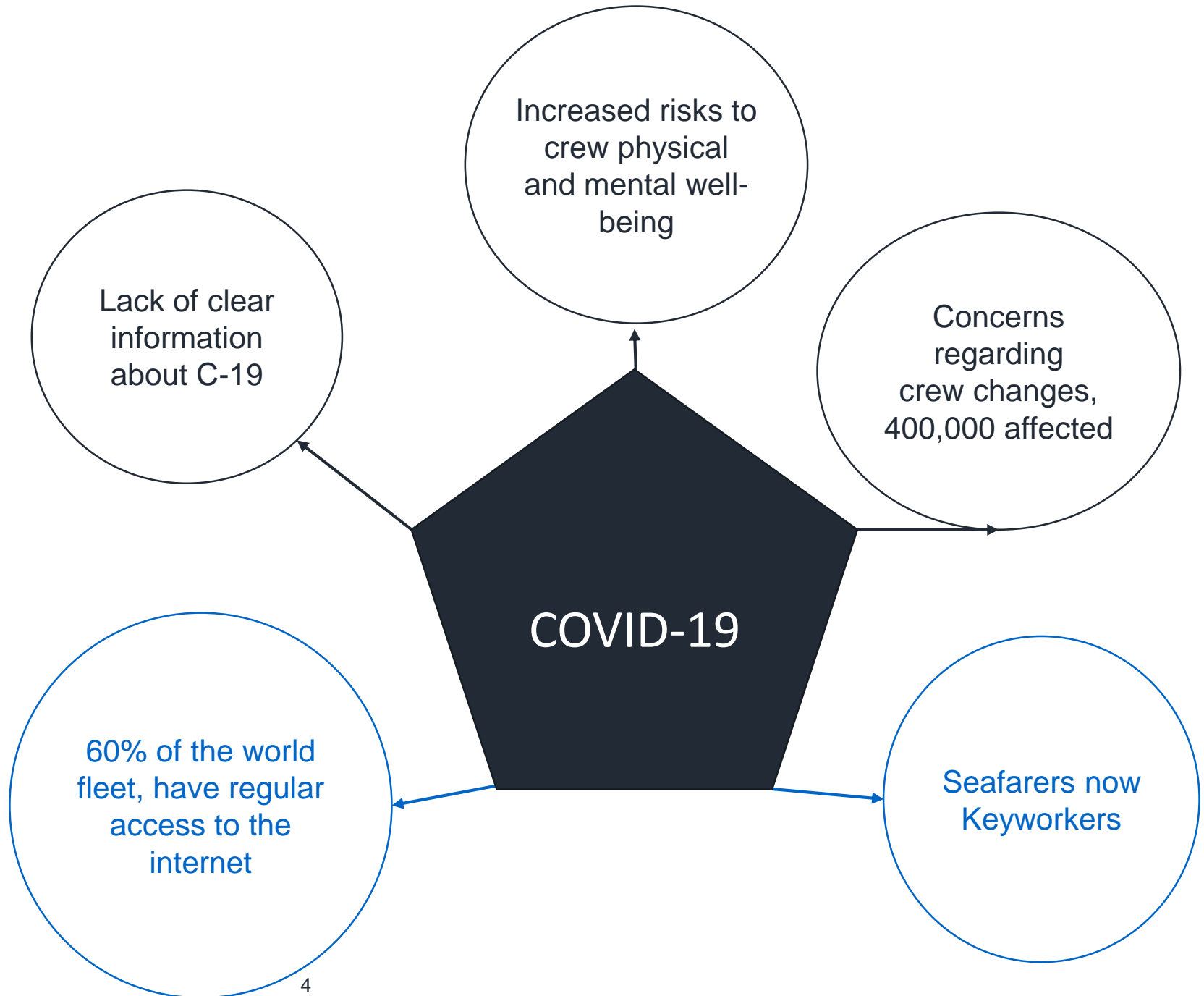
**FREE FAST TRACK
PHYSIOTHERAPY**

**ACCESS TO
BIG WHITE WALL**

SELF-HELP GUIDES

**SEAFARERS
ADVICE AND
INFORMATION LINE**

CURRENT SITUATION



WHY IS MENTAL HEALTH AND WELL-BEING MORE IMPORTANT NOW?



- Additional stress from being at sea for extended periods can be overwhelming
- Financial issues, uncertainty and concerns about job security
- Cultural diversity, and culture on board
- Concerns for family and friends at home
- Growing awareness of these issues within the shipping industry



IMPACT

- No respite at sea
- Impaired judgement
- Impairs physical abilities and balance
- Removes focus
- Impact on crew
- Financial



SUPPORT FOR SEAFARERS SHOULD INCLUDE

Trusted advice and information helplines

Clear contractual & travel advice

Provision of, and access to wellbeing programmes & mental health support

Improved Connectivity



SOLUTIONS

- Governments need to work together to enable efficient and safe transit of seafarers within Covid-19 guidelines
- Companies need to be proactive in care for their crew
- Training standard for physical and mental wellbeing providers and companies
- Repository
- Research





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